

**Are you helping to care for a loved one? We can help!**

# Ninth Annual Caregiver Fair

Saturday, April 29th  
**FREE ADMISSION**



From 9:00 am to 1:30 pm

**Free Refreshments and  
Great Giveaways**

**Expert Presentations**

**The Big Red Barrell  
for Med. Disposal**

**Over 65 Exhibitors**

**Free Document  
Shredding**

**Thanks go to our generous Platinum sponsors:**



**Livingston Daily** PRESS & ARGUS

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**Brighton High School**  
7878 Brighton Rd.  
Brighton, MI 48116



Presented By  
**Livingston County  
Consortium On Aging**  
A non profit 501(c)(3)



**Cafeteria Entrance  
Parking Assistance  
Provided**

## This event is for Caregivers!!

- ✓ **Caregivers** are young and old, caring for children, parents, grandparents, siblings and friends. They need and seek information from medical professionals, media, friends and social service agencies.
- ✓ Many **Caregivers** are dutiful family, friends or neighbors. They are usually unaware of available support services such as transportation, nutritional care, financial counseling, home safety, respite and home care. This **Caregiver Fair** will attempt to provide information about many of these issues.

## PRESENTATION SCHEDULE

**10:00am:** Dogs and Seniors Living with Passion; the benefits of dog companionship.

**Speaker:**

**MICHAEL BURKEY**, CEO and Dog Behaviorist at Michigan Dog Training. Michael is a Professional Dog Trainer, Dog Behaviorist, Service Dog Trainer and former Police K9 Handler.

Michael will show how dogs enhance people's lives from toddlers to our seniors. He will also explain the differences between emotional support and service dogs as well as be open to questions about our communion with dogs.

**11:00am:** Laugh Time with Seniors – Laughter Wellness Program.

**Speaker:**

**BONNIE WEINTROB**, Laughter Wellness Coach who taught IMPROV Comedy to seniors in Livingston, Oakland and Wayne Counties. For her students in wheelchairs or using walkers, she needed more to do with them. At 63, Bonnie found Laughter Wellness.org and is now a Laughter Wellness Coach.

How to use laughter as a sound and reliable therapeutic tool. Bonnie shows how to safely and reliably unlock the many healing benefits of laughter and create and sustain positive energies throughout people's lifespan.

**12:00pm:** Easy and Fun Dementia Care Tips, Musings and Advice for Every Day of the Month.

**Speaker:**

**JENNIFER HOWARD**, Executive Director, Alzheimer's Association, Michigan Great Lakes Chapter.

Participants will enjoy learning practical and easy tips and advice about caring for and loving through the dementia journey. This talk will be structured around 30 easy and fun things that can be enjoyed with a loved one with dementia, one for each day of the month. Participants will be provided a take home sheet with the tips and will have the opportunity to ask questions and enjoy real world examples provided by other caregivers.

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